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Collier leaves for Mexican waters.
VALLEJO, Cal., June 28.—The
United States collier Nanshan left

Mare Island navy yard under orders
to coal at California City and pro-
ceed at once to Mexican waters.

Like A Boy at 50 Bubbling Over With Vitality—Taking Iron Did It

Doctor Says Nuxated Iron Is Greatest of All Strength Builders—Often In-
creases the Strength and Endurance of Delicate, Nervous Folks
200 Per Cent in Two Weeks Time.

NEW YORK, N. Y.—Not long ago a man came to me who was nearly half a century old and asked me to give him a preliminary examination for life insurance. I was astonished to find him with the blood pressure of a boy of 20 and as full of vigor, vim and vitality as a young man; in fact a young man he really was notwithstanding his age. The secret he said was taking iron—nuxated iron. Had filled him with renewed life. At 30 he was in bad health; at 40 careworn and nearly all in. Now at 50 a miracle of vitality and the face beaming with the buoyancy of youth. As I have said a hundred times over, iron is the greatest of all strength builders. If people would only throw away patent medicines and nauseous concoctions and take simple nuxated iron, I am convinced that the lives of thousands of persons might be saved, who now die every year from pneumonia, grippe, consumption, kidney, liver and heart trouble, etc. The real and true cause which started their diseases was nothing more nor less than a weakened condition brought on by lack of iron in the blood. Iron is absolutely necessary to enable your blood to change food into living tissue. Without it, no matter how much or what you eat, your food merely passes through you without doing you any good. You don't get the strength out of it and as a consequence you become weak, pale and sickly looking. Just like a plant trying to grow in a soil deficient in iron. If you are not strong or well you owe it to yourself to make the following test: See how long you can work or how far you can walk without becoming tired. Next take two five-grain tablets of ordinary nuxated iron three times per day after meals for two weeks. Then test your strength again and see for yourself how much you have gained. I have seen dozens of nervous, run-down people who were ailing all the

while, double their strength and endurance and entirely get rid of all symptoms of dyspepsia, liver and other troubles in from ten to fourteen days time simply by taking iron in the proper form. And this after they had in some cases been doctoring for months without obtaining any benefit. But don't take the old forms of reduced iron, iron acetate or tincture of iron simply to save a few cents. You must take iron in a form that can be easily absorbed and assimilated like nuxated iron if you want it to do you good, otherwise it may prove worse than useless. Many an athlete or prizefighter has won the day simply because he knew the secret of great strength and endurance and filled his blood with iron before he went into the fray, while many another has gone down to inglorious defeat simply for the lack of iron.—E. SAUER, M. D.

NOTE—Nuxated Iron, recommended above by Dr. Sauer is not a patent medicine nor secret remedy, but one which is well known to druggists and whose iron constituents are widely prescribed by eminent physicians everywhere. Unlike the older inorganic iron products, it is easily assimilated, does not injure the teeth, make them black, nor upset the stomach; on the contrary, it is a most potent remedy in nearly all forms of indigestion, as well as for nervous, run-down conditions. The manufacturers have such great confidence in Nuxated Iron that they offer to forfeit \$100 to any charitable institution if they cannot take any man or woman under 60 who lacks iron and increase their strength 200 per cent or over in four weeks time, provided they have no serious organic trouble. They also offer to refund your money if it does not at least double your strength and endurance in ten days' time. It is dispensed in this city by A. C. Koepfen & Bros. and all other druggists.

NOTED SPEAKER IS ON PROGRAM TODAY AT THE CHAUTAUQUA

JUDGE R. M. WANNAMAKER IS
WELL KNOWN IN COUNTRY
AS A REFORMER.

Has Accomplished Notable Work as
Jurist of Ohio; Progressive Courts
Are Being More and More Selected
by People He Declares; Is Also
Known as an Author.

Whether a man is a republican or democrat counts not so much as whether he is Bourbon or progressive in thought, according to Judge R. M. Wannamaker of the Ohio supreme court who is here today to speak on the Chautauqua platform. The American people are becoming more and more to select progressive courts, he thinks, and thus he believes that substantial justice, rather than justice based upon mere technicalities, is coming into its own.

Judge Wannamaker, who will be remembered as the author of "We the People" in the Saturday Evening Post recently, arrived this morning from La Grande and this afternoon is speaking at the Chautauqua tent, sharing the program with the International Operatic Company.

Judge Wannamaker is one of the truly big jurists of the country. His own judicial personality—progressive every inch of it—has gone far to work reforms in judicial procedure of Ohio, and he foresees the day when public sentiment will be aroused to the point where all courts will bearken to the trend of times and themselves remedy present faults. He asserts that these reforms cannot come from the courts but from within the courts. In his speech this afternoon he said in part:

"Lord Macaulay, a great English scholar and statesman, said many years ago, that there are only two ways in which any community can be representatively governed—one by the sword, the other by public opinion. We are now witnessing a government by the sword, the great world's war, involving more or less every continent on the globe. In America, thank God, we still adhere to public opinion. Forty-six of 48 state constitutions laid low the political proposition that 'all political power is inherent in the people.'"

"The first three words in the federal constitution are 'We, the people.' When this political power of the people is applied to the governmental machinery what pray, are the leading objects to be accomplished?"

"If, however, it is important that the executive be representative of the people in recommending policies for legislation; if it is desirable that the legislative branch be representative of the people in enacting such recommendations in public law, it is infinitely more important that the judicial branch of the government shall be likewise representative; it has the last word."

"Whether there is any law at all—how much of a law—what it means—what is its scope and action?"

"All these are determined not by the executive branch of the government, or the legislative branch of the government, but by the judicial branch of government."

"Rip Van Winkle, it is said, slept a score of years, woke up, found that everything had changed. Evidently Rip was not a lawyer else he could have slept a half century and awoke finding himself quite familiar with court practice and procedure."

"What is the matter with the courts? We speak of the law's delays. This is a misnomer. It is not the law's delay in the majority of cases, it is the judges' delays. The trial judge should be first a minister of justice. The trial of the case should be the exception, not the rule. Over half the cases tried should be speedily and equitably settled. The cases that are tried that occupy a week, two weeks, sometimes months, should be tried in as many days."

"God Almighty established the first court. We know it as the court of conscience. There is one primary but paramount rule in this court to which all others are subordinate. This is the Golden Rule, 'Whatsoever you would that men should do unto you, do ye even so to them.' That brings nature, which is sometimes called God's Justice, based on each particular case."

"That is what the people are calling for today. Justice in reason and right, rather than law by some rule, especially a code of technical rules that too often deny or prevent justice."

Resinol Soap



makes clear skins
and good hair

The regular use of Resinol Soap for the toilet, bath and shampoo, can usually be relied on to keep the complexion clear, the hands white and soft, and the hair healthy, glossy and free from dandruff. If the skin or scalp is already in bad condition, a short treatment with Resinol Lotion may first be necessary to restore its normal health. Resinol Soap and Lotion are sold by all druggists. For samples free, write to Dept. 15-7, Resinol, Baltimore, Md.

start and a fair chance in the race of life. In short, this is government, humanized from the American point of view through the great head and heart of a Lincoln.

"When man became a multitude it became necessary that our democracy should be representative, but representative of what? In theory, at least, representative of the best intelligence, conscience and patriotism of the people. We all recognize this is true when applied to the legislative branch of the government and also when applied to the executive branch of government, whether municipal, state or national. Somehow or other we have overlooked the judicial branch of the government."

"It has been for a long time practically exempt from the influence or control of public opinion, as affecting the public policies of government."

CLEAR SKIN COMES FROM WITHIN.

It is foolish to think you can gain a good clear complexion by the use of face powder. Get at the root of the trouble and thoroughly cleanse the system with a treatment of Dr. King's New Life Pills. Gentle and mild in action, do not gripe, yet they relieve this liver by their action on the bowels. Good for young, adults and aged. Go after a clear complexion today. 25c at your druggist.—Adv.

CROOK DIVISION UP AGAIN.

PEND, Ore., June 28.—A movement to divide Crook county at the coming general election, has been started at Tualuma, and calls are out for a meeting of the different com-

Have You Seen the Newest In Our Ladies' Shoe Dep't.



We Always Have Them

They are not only the newest in this city, but any city in the west. See our window tonight and you will find some of the prettiest, newest and best shoes you have ever seen. They come in all the new combination. Don't overlook our No. 9 Ivory shoe.

THOSE GREY IVORY AND WHITE ARE NOW HERE. Come in while your size is here for you will surely be disappointed if you don't get to try on some of these shoes.

ALEXANDER'S SHOES ARE ALWAYS BETTER.

In the Grocery Department

Mammoth Bing Cherries, per pound	15c
Choice Red Raspberries, 2 for	25c
Extra Fancy Mission Bell Canteloupes, 3 for	25c
Black Raspberries, 2 for	25c
Strawberries, per box	10c
Florida Grape Fruit, 2 for	25c
Best Lemons, per dozen	35c

Make Alexander's your headquarters during the big free celebration on July 4th.

ALEXANDERS

The Daylight Store; Better Goods, Latest Styles, Prompt and Courteous Attention.

mercial organizations of the county to select lines for the division. The matter was presented to the Bend Commercial Club at its meeting and a committee appointed to confer with the Tualuma Development League on the matter.

At the general election in 1914 an effort was made to divide Crook county into three parts. The Jefferson county movement succeeded, but the proposed Deschutes county failed. Since that time, the remarkable growth which has taken place here has caused a renewal of the proposal.

Cheese Factory Burns.
COQUILLE, Ore., June 28.—The Coquille Valley creamery burned here. The building and the machinery were valued at \$10,000, which are a total loss. Cheese worth \$10,000 and \$750 in butter were also destroyed.

The fire started in the boiler room, and burned for sometime before an alarm was given. The flames could not be reached with a hose, and the chemical apparatus was soon exhausted.

The co-operative plant stock was

held by business men and farmers. Insurance carried on the plant amounted to \$6000. It is not known yet whether the plant will be rebuilt or not.

British Steamer Is Sunk.
LONDON, June 28.—Sinking of the British steamship Canford Chine, off Cardiff, by a submarine off Calais, Spain, is reported in a Rutherford dispatch from Barcelona.

The captain and 12 of the crew were landed at Barcelona.

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Look, Mr. Farmer!

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For more than ONE HUNDRED YEARS THE HARTFORD FIRE INSURANCE CO. has stood between its patrons and adversity, paying every honest loss, dollar for dollar. A Hail Policy in the Hartford may save your entire year's labor.

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A Clean, Beautiful Resort at Which to Rest and
Enjoy Yourself During the Hot Summer.

HIDAWAY SPRINGS

In the Blue Mountains of Southern Umatilla County.

H. M. CULTER, PROP.

Dancing, Swimming, Hunting, Fishing, Etc.
Hot Mineral Water Pool and Baths.

Hotel Rate, \$10.50 Per Week
INCLUDING BATHS.

or \$2.00 Per Day

COTTAGES AND TENTS FOR RENT.
FREE CAMP GROUNDS.

GOOD BARN AND INCLOSED PASTURE.

Stage leaves Pendleton Tuesdays and Saturdays at 1 o'clock from French Restaurant. Hidaway stage meets Pilot Rock stage at Ukiah on Monday, Wednesday and Friday of each week.